

**SHANTHI ARTS, SCIENCE AND COMMERCE  
COLLEGE, MALAVALLI.**

**DEPARTMENT OF PHYSICAL EDUCATION**

**SPORTS ACTIVITIES AND ACHIEVEMENTS DURING THE  
YEAR 2019-2020**

1. 1<sup>st</sup> June 2019 we are conducted international day of yoga at our college inside campus the program was inaugurated by Mr.Kempaiah Secretary, Shanthi Education Society(R), Malavalli. The Yoga exercise demonstrate by Patanjali yoga trust members, Malavalli, More then 500 students were Participated (High School, PU and Degree Students) and all the students don yoga exercise.
2. Conducted one day orientation program (induction and welcome) to I year degree students on 06.07.2019 in the year 2019-20. In this program I am given detailed information about sports during the UG level. Importance of sports, Benefits, decipline, Healthmaintance, Traing, Practies Univarcity Selection, competition, out standing sports persons achievements facilities, regards from the college, college annual sports competition, annual sports day and other information given to all I year degree students through this program.
3. Organized Mysore University intercollegiate Mandavya Zone men section chess and Table tennis Competition at Shanthi Bhavan on 06-08-2019. in this competition there are 15 teams were participated 6 Table tennis and 9 chess teams, and we Provide lunch for both player and officials.

Result

**Chess**

1. I Place goes to Govt(A) College, Mandya.
2. II place goes to host team Shanthi college, Malavalli.

**Table tennis**

1. I Place goes to Govt (A) College, Mandya,
2. II place PES college, Mandya.

4. Women kabaddi Team of our college participated mysore university inter collegiate Mandavya zone competition held at Govt First grade college (Taluk Stadium) Pandavapura on 16.08.2019 on this competition our team played against Govt F.G College Pandavapura.
5. We are organized Mysore University inter collegiate Mandavya Zone men Ballbadminton Competition at our college ground held on 23.08.2019 there are 11 team were Participated including our team.
6. Kabaddi men team of our college participated Mysore University intercollegiate Mandavya Zone Competition held at sri Adichunchanagiri First grade college,Nagamangala on 27.08.2019.
7. Again we are Organized Mysore University intercollegiate Mandavya Zone Men Throwball competition at our college ground held on 12.09.2019 in this competition there are 9 Teams were Participated including our host team.
8. Mysore University intercollegiate weightlifting, Best physique, Wrestling, Swimming, yoga and karate competition held at Department of physical education, sports pavilion, Mysore From 18.09.2019 to 20.09.2019 there are 16 Students represented our college & participated the above competitions Finally our Students get 1 Gold medal, 3 Silver medals, 6 Bronze medals and other places.

#### **Medal winners**

1. Harshitha .C.N –II B.com – wrestling – Gold medal
2. Punith kumar M.N – III BA 1) Weightlifting – Silver Medal  
2) Wrestling – Bronze Medal
3. Kiran .P.-II B.Com -1) Wrestling – Silver Medal  
2) Weightlifting – Bronze Medal
4. Manu .S – II M.com – Weightlifting – Silver Medal
5. Charanraj .M – II B.com 1) wrestling - Bronze Medal  
2) Weightlifting – Bronze Medal
6. Dhanush gowda – II B.Com – Wrestling – Bronze Medal
7. Hemanthgowda – I B.Com – Wrestling – Bronze Medal

8. Nandish.M – II B.com – Weightlifting – 4<sup>th</sup> Place

9. Mysore University intercollegiate 91<sup>st</sup> Athletics Competition held at University oval Ground, Mysore From 24.09.2019 To 26.09.2019 There are 12 athletes represented our college and participated in this Competition and our athletes Got 3 Silver Medal 1 Bronze Medal and other Places.

#### **Medal winners**

1. Madesha – III B.com – Pole-vault – Silver Medal
2. Yogesh . M – II B.com – 1) 20 k.m walk – Silver Medal  
2) Javelin throw – 4<sup>th</sup> Place
3. Divya shree .H – II B.A – 1) Triple Jump – Silver Medal  
2) 100 Hurdler – 4<sup>th</sup> place
4. Pratheepa .P – I B.com – 110 mts Hurdler – Bronze Medal
5. Harshitha C.N – Hammer throw – 4<sup>th</sup> Place
6. Somashekar – III B.sc – Decathlon - 6<sup>th</sup> Place

10. Volley ball men team of our college participated Mysore University intercollegiate Mandavya zone Men valley ball competition held a Govt First grade college K.R Pete on 05.10.2019.

11. Cricket team players of our College participated Mysore University intercollegiate Mandavya zone Cricket competition held at PET Cricket Stadium Mandya on 06.01.2020 in this competition Players played Semifinal match (Semifinalist) against Govt College, Mandya.

12. Badminton Shuttle men and women both two team players participated Mysore University inter collegiate Mandavya zone competition, held at PET indoor stadium, Mandya on 13.01.2020

13. Softball men team participated and played Mysore University intercollegiate Mandavya zone men softball competition held at Govt (Autonomous) College, Mandya on 22.01.2020 our softball team also played semifinal match against Govt College (A)Mandya (Semifinalist team)

14. Handball men team players participated and played Mysore University intercollegiate Mandavya zone men handball competition held at Shankaregowda College of Education, Mandya on 24.01.2020 And this team

also played semifinal match against Govt (A) College, Mandya (Semifinalist team)

15. Women Section Chess and Table tennis team both the team players participated and played Mysore University intercollegiate inter zonal women tournament held at Bharathi College, Bharathi Nagar from 04.02.2020 to 06.02.2020

16. Mandavya Zone runners of our College chess team players participated Mysore University intercollegiate inter zonal tournament held at department of Physical Education, sports pavilion Mysore on 27.02.2020 and 28.02.2020

17. In the month of Feb 2020 I am conducted 10 group games and 10 Athletics College annual sports Competition at our college ground both UG and PG Students. In this annual sports competition more number of students participated and won the prizes.

18. On the year 2019-20 College annual sports day and prizes distribution function fixed on 27.03.2020, but due to Covid-19 crisis (lock down India) the annual function was postponed.

